

**Choosing Healthful Interventions:
Please Invite Your Patients to Voice Their Opinions**

Socio-economic factors such as income and education are thought to have a powerful influence on the health of low-income populations. A team of health policy researchers from the National Institutes of Health, Howard University School of Medicine, and the DC Department of Health is conducting a study to find out which interventions DC residents would choose to address these socio-economic influences. The goal of this collaborative project is to explore the possibility of designing affordable, evidence-based public programs that improve the health of urban low-income populations in the US. We hope to invite several hundred low-income adults from clinical and community sites in the District to take part in this study. Dr. Francyne Anderson, president of DC PrimCare PBRN, has also endorsed our project. Study volunteers will participate in small group exercises using a game-like decision tool called REACH (Reaching Economic Alternatives that Contribute to Health). During the exercise, participants will get to say which benefits they think might help them, their families, and communities to lead healthier lives. Some sessions will be conducted in English and others in Spanish.

Data about participants' socio-demographic characteristics, attitudes toward health, and preferences for possible interventions will be collected anonymously. We will analyze the data to see which sorts of participants express preferences for which kinds of interventions. The research team encourages practitioners in the DC Primary Care Practice-Based Research Network to refer patients. Individuals are eligible to enroll if their incomes are up to \$20,000 or their family incomes are up to 200% of the poverty level. The study is entitled, "Choosing Healthful Interventions (study # 07-CC-N224)," and potential participants are encouraged to call 301-305-6981 or 301-300-9814 to find out if they are eligible for the study. More information about the study is available at <http://clinicaltrials.gov/>. The research team would greatly appreciate your help in recruiting participants for the study.